

Several truths can belong to one event

Use these distinctions to notice more of an event without turning any one dimension into the verdict about the others.

KEEP VISIBLE

Bodily response does not establish desire, pleasure, consent, identity, choice, intention, endorsement, or responsibility.

01

Bodily response

What did the body do or not do?

Response is information, not permission.

02

Lived experience

What was the event like from within?

Observation does not replace experience.

03

Pleasure or displeasure

What felt pleasant, unpleasant, mixed, neutral, or unclear?

Pleasure does not establish wanting or consent.

04

Wanting or not wanting

What was wanted, not wanted, uncertain, or not considered?

Wanting is not consent.

05

Consent

What was freely authorized, declined, or changed?

Consent is specific and can change.

06

Expression

What became visible, measurable, spoken, withheld, or misunderstood?

Expression is not the complete person.

07

Meaning

What does the event mean now, and what should remain open?

Meaning belongs to the person and may change.

LEAVE AVAILABLE

No answer is required.

I do not know. It changes. The question does not fit. I do not want to answer. I want to stop.