

Permission is a continuing condition

A thoughtful prompt does not create consent. Permission must remain available before, during, and after the subject changes.

KEEP VISIBLE

Permission to talk is not consent to touch, sex, disclosure, interpretation, recording, or future access.

01

Ask separately

Would a conversation about this feel welcome right now?

Each person answers for themselves without pressure.

02

Name every choice

Yes, no, not now, skip, pause, uncertainty, and stopping all remain available.

No explanation is required.

03

Check the conditions

Can either person refuse without punishment, retaliation, loss of safety, or loss of needed support?

A prompt cannot make unsafe refusal mutual.

04

Ask again

Does this still feel welcome, or would you rather pause, skip, stop, or change the subject?

Earlier willingness is not a promise.

05

Close deliberately

Would you like to continue, take space, revisit something, seek support, or stop?

Different answers do not require more conversation.

THE LIMIT

Less conversation sets the limit.

If one person wants less conversation, the conversation stops. If refusal is unsafe or ignored, leave the prompt and prioritize safety or outside support.